"The publication of **Creatures of a Day: And Other Tales of Psychotherapy** Creatures of a Day is reason to celebrate." -- Steven PinkerIn this stunning collection of stories, renowned psychiatrist Irvin D. Yalom describes his patients' struggles--as well as his own--to come to terms with the two great challenges of existence: how to have a meaningful lif "The publication of Creatures of a Day is reason to celebrate." -- Steven PinkerIn this stunning collection of stories, renowned psychiatrist Irvin D. Yalom describes his patients' struggles--as well as his own--to come to terms with the two great challenges of existence: how to have a meaningful life yet reckon with its inevitable end. We meet a nurse who must stifle the pain of losing her son in order to comfort her patients' pains, a newly minted psychologist whose studies damage her treasured memories of a lost friend, and a man whose rejection of psychological inquiry forces even Yalom himself into a crisis of confidence. Day is a radically honest statement about the difficulties of human life, but also a celebration of some of the finest fruits--love, family, friendship--it can offer. Marcus Aurelius has written that "we are all creatures of a day." With Yalom as our guide, we will find the means to make our own day not only bearable, but also meaningful and joyful. ...more Creatures of a Day: And Other Tales of Psychotherapy PDF ebook

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